

Quality of Life Items

Dress for Success

To spark a successful career launch, the Warrior Foundation Freedom Station provides transitioning Warriors with certified expert career advice, resume writing guidelines and interview tips, along with fresh suits and business attire for male and female Warriors to assist with transitioning into new professions.

Improving the Quality of Life and Providing Added Comfort

Our goal at Warrior Foundation Freedom Station is to provide adaptive equipment, personal items and support that improves the "Quality of Life" for our ill and injured Warriors by providing:

- Ultra-light wheelchairs
- Modified combat boots with built-in zippers to accommodate prosthetic limbs
- Customized medical devices
- Comfort items and meals for those in the hospital and in the active-duty recovery barracks
- iPads with specialized applications for those with post-traumatic stress (PTS) and traumatic brain injury (TBI)



How You Can Help

Warrior Foundation Freedom Station relies on the generosity of individuals, foundations and corporate donors to assist our ill and injured Warriors.

Donations

Online

Visit www.warriorfoundation.org and click on "Donate" to make a one-time or recurring donation.

Via Mail

Make checks payable to "Warrior Foundation Freedom Station" and mailed to:

Warrior Foundation Freedom Station
1223-1/2 28th St., Suite A
San Diego, CA 92102

Online Store

Check out our line of Warrior Foundation gifts and apparel at www.warriorfoundation.org

Corporate & In-Kind Donations

We welcome support from Future 500 Companies to small businesses including:

- Corporate Sponsorship
- Stocks, IRAs & Gift Planning
- Donate Car
- Program and Freedom Station Naming Rights
- Local Fundraisers
- In-Kind Donations

Contact

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WARRIOR FOUNDATION
FREEDOM STATION

*PRIDE, PASSION
and PATRIOTISM*

Our Mission

Warrior Foundation Freedom Station's aspires to be the leading force in assisting, honoring and supporting the military men and women who have so bravely served and sacrificed for our country. We are committed to supporting our Warriors in a variety of ways and services designed to assist them and their families during recovery.

Warrior Foundation Freedom Station assists four main groups of Warriors:

- The seriously ill and injured.
- Those suffering from post-traumatic stress (PTS) and/or traumatic brain injury (TBI).
- Those undergoing physical or occupational therapy.
- Warriors who have been medically retired and remain in our community.

To serve this last group in particular, Warrior Foundation Freedom Station pioneered a new approach and created Freedom Station – a unique recovery transition center and housing facility and housing facility that provides injured Warriors with the acclimation time, guidance and resources to successfully make the transition from military service to civilian life.

“*We Vow to be a Hand-up and not a Handout.*”
- Sandy Lehmkuhler

Transitional Housing

Home of the Brave: Freedom Station I, II & III

The transition from military service to civilian life is one of the toughest battles that Warriors face – especially while coping with both their visible and invisible injuries.

Freedom Station I and Freedom Station II are the first transitional housing residences of their kind in the San Diego region, providing service members with a place to heal and prepare for the next chapter. Move-in ready cottages shift Warriors from barracks to independent living, central spaces provide crucial camaraderie during the transition, and qualified professionals offer guidance on new careers paths, college enrollment and more.

Both properties are near Naval Medical Center San Diego, one of the nation's largest military hospitals. Residents pay reduced rent and learn financial responsibility. Dozens of success stories have proven that our Freedom Stations can ensure a bright future for our Warriors in civilian life.

Today, the need for transitional housing for Warriors remains. It is because of that continued need to support for our ill and injured Warriors, that we are excited and honored to announce the opening of Freedom Station III in 2022.

The new Freedom Station III is located just a few miles away from the Naval Medical Center and will provide 12 more unique cottages for ill and injured Warriors to transition into new life of independence.



Programs & Services

Promoting Recovery, Independence and Passion for the Future

Warrior Foundation Freedom Station equips injured Warriors to live purposeful and self-sufficient lives through our many programs.

Mentorship Programs – Warriors are carefully matched with business professionals and community leaders who provide ongoing guidance.

Outdoor Therapy Programs – Fishing, golfing, surfing, hiking, paddle boarding, cycling and more promote physical and emotional health and wellness.

Adaptive Sports – Sponsorship of the Wolfpack Wheelchair Basketball Team, Cycling Team and Paralympic athletes encourages limitless possibilities.

Wellness Programs – Assistance, referrals, emotional and financial support for Warriors seeking medical treatments for PTS / TBI, Cancer and physical therapy from the top medical professionals in the region.

Education & Career Assistance – College and vocational selection, scholarship advice and resume building.

Travel Funding – Plane tickets to fly hundreds of injured Warriors “Home for the Holidays” along with airfare, hotel rooms and rental cars for visiting families of injured Warriors.

Warrior Ambassadors – Warrior Foundation Alumni, who strive to “Educate, Inspire and Motivate” their audience, share their success stories through public appearances, motivational speeches and media interviews.