DONATIONS

WE WELCOME ALL TYPES OF SUPPORT!

ONLINE

Visit www.WarriorFoundation.org and click on "Donate" to make a single or recurring donation.

VIA MAIL

Make checks payable to "Warrior Foundation Freedom Station" and mailed to:

Warrior Foundation Freedom Station 1223 ½ 28th St., Suite A San Diego, CA 92102

ONLINE STORE

Check out our line of Warrior gear on www.WarriorFoundation.org

CONTACT

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(760) 443-7083

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www.WarriorFoundation.org CFC #40485 • EIN 20-0067633







QUALITY OF LIFE ITEM

Our goal at Warrior Foundation Freedom Station is to provide adaptive equipment, personal items and support that improves the "Quality of Life" for our ill and injured Warriors by providing:

- Ultra-light wheelchairs
- Modified combat boots with built-in zippers to accommodate prosthetic limbs
- Customized medical devices like upright walkers, tailored crutches, and specialized glasses
- Comfort items and meals provided for those in the hospital and in the active-duty recovery barracks
- Laptops and iPads with specialized applications for those with post-traumatic stress (PTS) and traumatic brain injury (TBI)

DRESS FOR SUCCESS

We measure success when our Warriors transition from military to civilian life with employment by providing:

- Tailored business attire for interviews
- Career advice
- Resume creation guidelines and interview tips





The appearance of U.S. Department of Defense (DoD) visual information does not imply or constitute DoD endorsement.

THREE FREEDOM STATIONS HOPE, HEALING, HOME





Warrior Foundation Freedom Station®



SUPPORT FOR TRANSITIONING ILL AND INJURED WARRIORS

Transitional Housing
Wellness Programs
Personal Support
Outdoor Therapy



PRIDE, PASSION and PATRIOTISM

OUR MISSION

Warrior Foundation Freedom Station aims to be the leading force in assisting, honoring and supporting the military men and women who have so bravely served and sacrificed for our country. We are committed to supporting our Warriors in a variety of ways, providing quality-of-life items and numerous support services designed to assist them and their families during recovery.

WARRIOR FOUNDATION FREEDOM STATION ASSISTS FOUR MAIN GROUPS OF WARRIORS:

- 1. The seriously ill and injured soon to be medically retired
- 2. Those suffering from post-traumatic stress (PTS) and/or traumatic brain injury (TBI)
- 3. Those undergoing physical or occupational therapy
- 4. Warriors who have been medically retired and remain in our community

The Warrior Foundation is a 501(c)3 organization with 86% of every dollar going to our Warriors.





PROGRAMS & SERVICES

PROMOTING RECOVERY, INDEPENDENCE AND PASSION FOR THE FUTURE

Warrior Foundation Freedom Station equips ill and injured Warriors to live purposeful and self-sufficient lives through our many programs.

Mentorship Programs – Warriors are matched with business professionals and community leaders who provide ongoing guidance

Outdoor Therapy Programs – Fishing, golfing, surfing, hiking, paddle boarding, and more promote physical/emotional health and wellness

Adaptive Sports – Sponsorship of the Wolfpack Wheelchair Basketball Team and Paralympic athletes encourages limitless possibilities

Wellness Programs – Emotional and Financial Support for Warriors seeking medical treatments for PTS/TBI, cancer, physical therapy from top professionals including assistance and referrals

Education & Career Assistance – Career counseling, college/vocational selection, VA benefit guidance, resume/career assessments

Travel Funding – Plane tickets to fly hundreds of injured Warriors "Home for the Holidays" along with airfare, hotel rooms and rental cars for visiting families of ill and injured Warriors

Warrior Ambassadors – Warrior Foundation Alumni strive to "Educate, Inspire, and Motivate" audiences, share their success stories through public appearances, speeches, and interviews

FREEDOM STATIONS

HOME OF THE BRAVE: FREEDOM STATIONS I, II, & III

- First transitional housing residences of their kind in San Diego
- Provide healing and preparation for medically retiring service members with a place to mend and prepare for their next chapter
- Move-in ready cottages facilitate transition from barracks to independent living
- Interconnected spaces foster camaraderie during their shift to civilian life

IMPACT AND EXPANSION:

- All three Freedom Stations are located near Naval Medical Center San Diego
- More than 120 Warriors housed since 2011
- Substantially reduced rent aids in the Warriors' financial preparation
- Freedom Station III adds 12 furnished cottages to portfolio

HOUSING AMENITIES:

- Fully furnished cottages with communal spaces such as outdoor kitchens and fire pits
- Independent living within a community that promotes peer support crucial for transition
- Monthly gatherings enhance socialization and community bonds

TRANSITIONAL PROGRAM

18-MONTH HOUSING PROGRAM

- Launched by Warrior Foundation Freedom Station in 2023 and specifically designed for medically retiring service members
- All 3 complexes provide subsidized housing
- Offers hands-on guidance on career paths, education, trades, finances, wellness, and mentorship

PROGRAM FEATURES:

- Voucher program encourages personal development and rent reduction
- Divided into five phases: Assimilate, Identify, Develop, Execute, Graduate
- Quarterly meetings with staff for guidance and resources

PROFESSIONAL DEVELOPMENT:

Warriors choose from five Transition
 Tracks: Employment, Education, Vocational,
 Entrepreneurial, or Adjusting to new
 normal (medically driven)









"Transforming Warriors' lives and honoring 20 Years of dedication — that is the miracle of Warrior Foundation Freedom Station."

WITH HEARTFELT THANKS - SANDY LEHMKUHLER



