



WARRIOR FOUNDATION
FREEDOM STATION®



CELEBRATING 20 YEARS OF
PRIDE, PASSION, AND PATRIOTISM



WARRIOR FOUNDATION
FREEDOM STATION®

CELEBRATING 20 YEARS

CELEBRATING 20 YEARS OF HOPE, HEALING AND HOME!

Started in 2004, Warrior Foundation Freedom Station celebrates its 20-Year Anniversary by Opening Another Freedom Station!



SANDY REFLECTS ON THE PAST 20 YEARS...

The past 20 years have been an incredible and uplifting journey. Thanks to your unwavering support, time, and talents, we've touched the lives of more than 94,000 Warriors and their families. Together, we've built something beyond our wildest dreams.

We've seen Warrior's needs and have done whatever it takes to meet them—whether it's providing essential items like razors, crutches, or mobility scooters, offering tutoring, or the joy of flying them home for the holidays. Our transitional cottages have become a place of healing as Warriors begin their next chapter.

By giving them purpose, we restore dignity, which fuels their success. The Warrior spirit is alive in those who endure painful treatments with grit, in amputees who rise after each fall, and in veterans who bravely trade the uniform for civilian life.

The Warrior spirit shines in those who feel lost after retiring from the military, but discover they are still whole, unstoppable, and ready for new achievements. It lives in those who reach out during their darkest hours, knowing we will be there for them—now and always.

For 20 years, we have done what the government often cannot. I met Andrew Gasper, our President, in 2008 while he was working as a Recovery Care Coordinator for the Marines. I was considering also becoming an RCC. However, he told me, "Sandy, you can do more for our Warriors outside of the gate, as a continued resource!" Before becoming President, Andy spent 15+ years playing a crucial role referring Warriors in need of assistance. It's truly a full-circle moment!

Happy 20th anniversary to each and every one of you who have helped make this dream a reality. This is just the beginning!

ALWAYS ABOUT OUR WARRIORS!

Sandra Lehmkuhler

2004
Created Live on Air: Norelco Razors Purchased and Warrior Foundation Begins

2005
Warrior Foundation Sends First Warriors "Home for the Holidays"

2008
Warrior Foundation Officially Becomes a Non-Profit 501(c)(3)

WHERE DID IT ALL BEGIN...

WARRIOR FOUNDATION FREEDOM STATION DIDN'T START WITH AN IDEA SO MUCH AS A BELIEF. "WE CAN DO BETTER."

In November 2004, Sandy Lehmkuhler visited an active-duty Naval Hospital and met four Marines who had suffered severe injuries from IED explosions. Each had lost limbs or wore neck halos, yet when Sandy asked what they needed for Christmas, they insisted they were fine. But Sandy, a Navy wife and mom, wasn't convinced. She asked again, more persistently, and learned they needed Norelco Cool-Skin electric razors—essential for amputees who struggled with shaving.

This request marked the beginning of Warrior Foundation Freedom Station. Sandy believed we could do better for our critically ill and injured Warriors, a belief that is the Foundation's mission. With help from KMFB 760 AM (now iHeart Media's 760AM), she raised more than \$68,000, and Norelco provided the razors at cost. This was just the start.

The Foundation has expanded its mission from providing electric razors to buying airline tickets for ill and injured Warriors to travel home for the holidays and arranging for custom-made combat boots for those with prosthetic limbs. In 2011, the first Freedom Station opened in San Diego, offering transitional housing for Warriors preparing to leave the military. Freedom Station II followed in 2020.

TWO THINGS HAVE REMAINED CONSTANT:

- 1) The belief that we can do better for our military members who suffer critical injuries
- 2) Sandy's unwavering dedication

With a background in stage management and corporate work, and the frugality learned as a Navy wife, Sandy focused on helping Warriors transition from military to civilian life, addressing both immediate and long-term needs.

The Freedom Stations were designed to support Warriors caught between two worlds—the military life they are leaving and the civilian world they must now navigate—while dealing with the physical and emotional trauma of their injuries. As Freedom Station III takes shape, the Foundation remains committed to doing better for our ill and injured Warriors.



The appearance of U.S. Department of Defense (DoD) visual information does not imply or constitute DoD endorsement.



\$68,000
raised on the first day to purchase Norelco razors

94,000+
Warriors and their families have been touched by our Foundation

86%
of donations go directly to our ill and injured Warriors



WARRIOR FOUNDATION
FREEDOM STATION®

20 WARRIORS FOR 20 YEARS!

In celebration of our 20th anniversary, we are proud to honor 20 Warriors for 20 Years—a tribute to the incredible men and women whose courage and resilience embody the spirit of Warrior Foundation Freedom Station. Their journey represents the strength, sacrifice, and determination of all those we've supported over the past two decades.



EGAL ADAN
U.S. Marine



DANA CISNEROS
U.S. Marine



JOSUE BARRON
U.S. Marine



MARCUS CHISCHILLY
U.S. Marine



CHRIS LAWRENCE
U.S. Marine



EDWIN LOVE
U.S. Navy



CHRIS LUNA
U.S. Navy



SETH LYNCH
U.S. Marine



CARNELL MARTIN
U.S. Marine



NOELLE MATZINGER
U.S. Marine



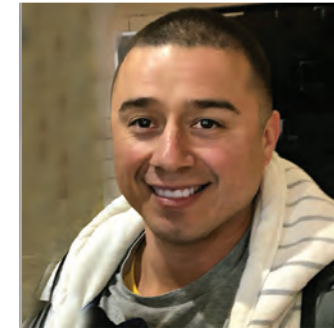
POVAS MIKNAITIS
U.S. Marine



ERIC MORALES
U.S. Navy



ANTHONY PONE
U.S. Army



ERIC RODRIGUEZ
U.S. Marine



JUNIOR RODRIGUEZ
U.S. Marine



JORGE SALAZAR
U.S. Marine



MIKE SPIVEY
U.S. Marine



HECTOR VARELA
U.S. Navy



RAY SIZEMORE
U.S. Army



4,700

Warriors assisted
by the Foundation
on average
per year

98%

Warrior success
rate by either
attending a trade
school, enrolling
in college, or finding
a new career

72,000+

Warriors were
provided monthly
meals in the
last 20 years

MEET OUR WARRIORS



WARRIOR FOUNDATION
FREEDOM STATION®

PROMOTING RECOVERY, INDEPENDENCE AND PASSION FOR THE FUTURE

Warrior Foundation Freedom Station equips ill and injured Warriors to live purposeful and self-sufficient lives through our many programs.



MENTORSHIP PROGRAMS

Warriors are matched with business professionals and community leaders who provide ongoing guidance



OUTDOOR THERAPY PROGRAMS

Fishing, golfing, surfing, hiking, paddle boarding, and more promote physical/emotional health and wellness



ADAPTIVE SPORTS

Sponsorship of the Wolfpack Wheelchair Basketball Team and Paralympic athletes encourages limitless possibilities



WELLNESS PROGRAMS

Emotional and financial support for Warriors seeking medical treatments for PTS/TBI, cancer, physical therapy from top professionals including assistance and referrals



EDUCATION & CAREER ASSISTANCE

Career counseling, college/vocational selection, VA benefit guidance, resume/career assessments



TRAVEL FUNDING

Plane tickets to fly hundreds of ill and injured Warriors "Home for the Holidays" along with airfare, hotel rooms and rental cars for visiting families of ill and injured Warriors



325

Warriors, on average, have participated in outdoor therapy each year



27%

of program expenses go towards Warrior financial assistance



33%

of program expenses go towards wellness, career assistance, and support services for our Warriors

PROGRAMS & SERVICES

"We Vow to be a Hand-up; Not a Hand-out."



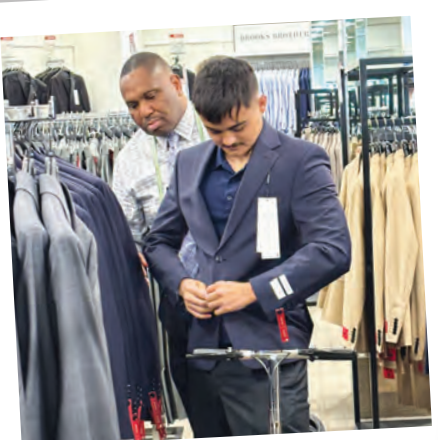
WARRIOR FOUNDATION
FREEDOM STATION®

FROM BASKETBALL TO BUSINESS ATTIRE, OUR WARRIORS WEAR EVERY UNIFORM WITH PRIDE

Whether it's on the playing field or transitioning to civilian life with professional business attire, their determination and strength shine through. No matter the challenge, our Warriors wear each uniform with honor, purpose, and a commitment to success.



▲ **THE SAN DIEGO WOLFPACK IS A CHAMPIONSHIP-WINNING ADAPTIVE SPORTS TEAM SUPPORTED BY WARRIOR FOUNDATION.** The military focused wheelchair basketball team competes across the U.S. and fields a roster of active duty, veteran and civilian players.



DRESS FOR SUCCESS PROVIDES FREE SUITS AND BUSINESS ATTIRE FOR TRANSITIONING MALE AND FEMALE ACTIVE-DUTY. To spark a successful career launch, Warrior Foundation Freedom Station provides transitioning Warriors with certified expert career advice, resume writing guidelines and interview tips, along with new suits and business attire for male and female Warriors to assist them in their professions.

During the past 18 years, Warrior Foundation Freedom Station has provided more than 1,500 Active Duty and Retired Warriors with more than \$600,000 in business attire to help them transition into establishing new careers, launching entrepreneurial endeavors, or starting educational programs in their civilian life. Each Warrior has the opportunity to select business attire including a combination of suits, shirts, ties or pant-suit, skirts, dresses and/or accessories.

Since we created the program in 2006, our goal is to arm a Warrior with a 'Fresh New Uniform' and encouragement as they transition into the civilian world. Our Warriors need to look and feel their best as they transition into this new chapter in their lives.



ADAPTIVE SPORTS

DRESS FOR SUCCESS

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THE MISSING LINK: FREEDOM STATIONS PROVIDE TRANSITIONAL HOUSING

The transition from military service to civilian life is one of the toughest battles that Warriors face — especially while coping with both visible and invisible injuries.



FREEDOM STATION I



FREEDOM STATION II



COMING SOON - FREEDOM STATION III



FREEDOM STATION I, FREEDOM STATION II, AND NOW FREEDOM STATION III, ARE THE FIRST TRANSITIONAL HOUSING RESIDENCES OF THEIR KIND IN THE SAN DIEGO REGION, providing service members with a place to heal and prepare for their next chapter. Move-in ready cottages help Warriors shift from barracks to independent living, and central spaces provide crucial camaraderie during their transition. Qualified professionals offer guidance on new career paths, college enrollment, and more.

All three properties are near Naval Medical Center San Diego, one of the nation's largest military hospitals. Residents pay reduced rent and learn financial responsibility. The success stories of our Warriors have shown that our Freedom Stations provide a strong foundation for a bright future as they enter into civilian life.

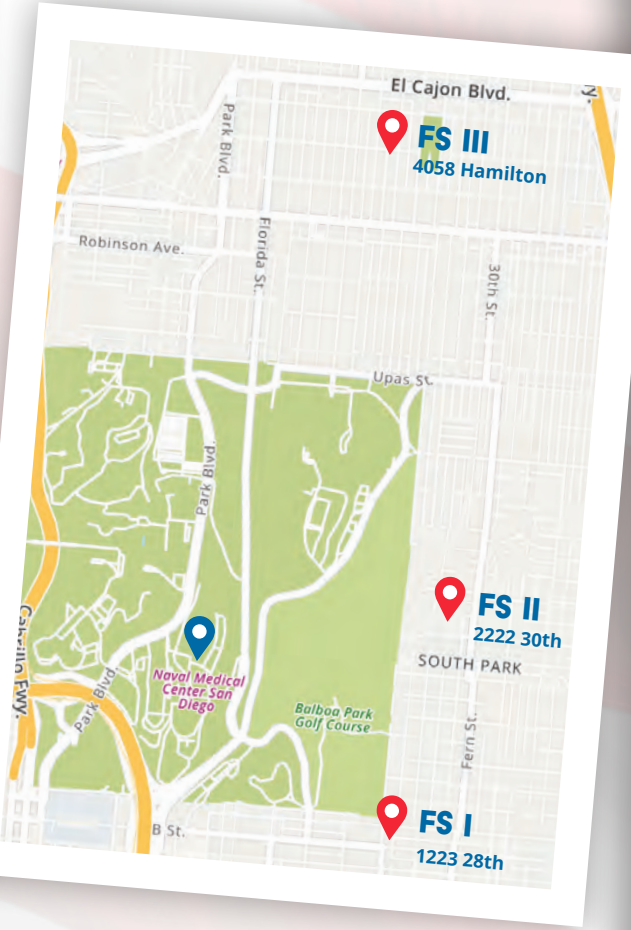
Today, the need for transitional housing for our Warriors is greater than ever. In response to this growing demand, we are thrilled and honored to announce the acquisition of a new property and the development of Freedom Station III, set to open in 2024. This expansion will allow us to continue providing critical support for our ill and injured Warriors as they transition to civilian life.



130+
Warriors housed
at Freedom Stations
to date

29
Cottages and
apartments created
for transitional
housing

98%
of our residents
love the transitional
housing program



FREEDOM STATIONS +
TRANSITIONAL HOUSING



WARRIOR FOUNDATION
FREEDOM STATION®

CHANGING LIVES AND SAVING LIVES, ONE WARRIOR AT A TIME.

BECAUSE OF YOU... Warriors with prosthetic legs can stand in formation and take sure-footed steps forward wearing the same combat boots as their brothers-in-arms, reveling in the feeling that their injuries have not taken away their proud military spirit...

BECAUSE OF YOU... a group of men united and became a Wolfpack, showing the world the true meaning of "unstoppable" as they brought home a National Wheelchair Basketball Championship and proved that there are no disabilities, only possibilities...

BECAUSE OF YOU... troops deployed overseas excitedly open boxes filled to the brim with the many comforts of home, from favorite foods and toiletries to clothes and magazines; knowing we are with them in spirit makes their long deployments that much more comfortable...

BECAUSE OF YOU... ill and injured Warriors are empowered to turn "I can't" into "I will" as they remember what tremendous athletes they are, pushing themselves to their full potential in modified running, hiking and cycling shoes that accommodate their IDEO braces...

BECAUSE OF YOU... scared and distressed mothers and fathers have been provided with flights, hotel rooms, and rental cars so they could rush to their injured Warrior's bedside, allowing them to focus all of their time and energy on the person who needed it most...

BECAUSE OF YOU... amputees were provided with ultra light wheelchairs, freeing them of struggling with the burden of heavy, awkward wheelchairs every minute of their daily lives...

BECAUSE OF YOU... every Warrior Foundation Freedom Station resident walked out of the barracks and into a loving home, surrounded by the camaraderie of their fellow Warriors and a supportive new family comprised of volunteers and staff...

Miracles happen daily as a result of your kindness, compassion and commitment to our ill and injured Warriors. As an invaluable part of Warrior Foundation Freedom Station's family, you have given America's heroes hope, a home, and a chance to start the next chapter of their lives with the honor and dignity befitting the world's finest fighting force.

BECAUSE OF YOU... young men and women have learned important skills they will need to succeed in civilian life, from budgeting and paying monthly bills on time to buying groceries and maintaining a household...

BECAUSE OF YOU... the magic of Christmas brightens the halls of Naval Medical Center San Diego and Camp Pendleton each year, making them merry and bright; smiles abound as our cheerful volunteers provide an abundance of gifts and the cherished opportunity to fly home and spend the holidays with the families they love...

BECAUSE OF YOU... medically retiring Warriors are positioning themselves for success through the pursuit of education and employment, applying for internships, attending vocational schools, building strong resumes and landing new career opportunities...

BECAUSE OF YOU... the plague of homelessness and joblessness that has befallen far too many generations of veterans will not take this one; with your outstretched hand, you have lifted Warriors up and over the hurdles of transitioning to civilian life...

BECAUSE OF YOU... our ill and injured Warriors have discovered that their military service does not define their identities; that they are still the same person whether wearing a military uniform or business attire, and an exciting new chapter awaits on the other side in civilian life...

BECAUSE OF YOU... there are Warriors who are alive and well with us today, who may not have survived the harrowing journey into civilian life, but decided that life was worth holding onto with your helping hands...

BECAUSE OF YOU... all Warriors who have been touched by our Foundation realized they were not, and never would be, abandoned, forgotten or alone; that even when things seemed dark, **YOU** had left the light on for them.



THANK YOU
FOR YOUR
PRIDE,
YOUR
PASSION,
YOUR
PATRIOTISM,
AND ABOVE
ALL, YOUR
LOVE OF
COUNTRY
AND THOSE
WHO FIGHT
FOR IT.

BECAUSE OF YOU



WARRIOR FOUNDATION
FREEDOM STATION®

THERE ARE SO MANY WAYS TO DONATE AND GET INVOLVED!

From donating your car or real estate, to workplace giving and volunteer opportunities, every donation helps provide vital support and resources to our ill and injured Warriors!



DONATE
YOUR CAR



STOCKS, IRAS & GIFT
PLANNING



VOLUNTEER
OPPORTUNITIES



REAL ESTATE, WILLS &
LIVING TRUSTS



PURCHASE ITEMS
FOR WARRIORS



WORKPLACE
GIVING

LEAVING A LEGACY

Leaving a legacy gift to Warrior Foundation Freedom Station is a powerful way to honor and support those who have served our country. By including a charitable gift in your estate plans, you ensure that your values and commitment to the military community endure for generations to come. Legacy gifts provide crucial funding that helps sustain vital programs, supports the development of new initiatives, and enhances the lives of ill and injured active-duty service members, and their families. Whether through a bequest, trust, beneficiary designation, charitable gift annuity, real estate or other planned giving options, your legacy gift makes a lasting impact, demonstrating your enduring gratitude and dedication to those who have sacrificed so much for our freedom.

FEDERAL CIVILIAN AND MILITARY DONORS

Warrior Foundation Freedom Station is participating in the world's largest and most successful annual workplace charity campaign. People eligible to give include Federal Civilian Government Employees, Military Personnel, Retired Civilian Government Employees, Retired Military Personnel, and Postal Employees.



THANK YOU TO OUR DONORS!

CORPORATE SPONSORS:

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City National Bank
Enterprise
First Citizens Bank
Fluidra USA
Lowe's
Macy's
Marine Group Boat Works LLC
McGriff Insurance Services
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Moen
Mor Furniture for Less
North Coast Medical, Inc.
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Vincent Donile, Developer of BIGHORN

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FOUNDATION SUPPORTERS:

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Blue Angels Foundation
CARS "Moving Forward Together"
Disabled Veterans National Foundation (DVNF)
Gary Sinise Foundation
Fleet Reserve Assoc., Imperial Beach #289
Hope United Methodist Church, San Diego
Las Patronas
Midway Foundation
SDMAC (San Diego Military Advisory Council)
St. Thérèse of Carmel Church
Tee it Up for the Troops
The Frank M. & Gertrude R. Doyle Foundation Inc.
The Swinerton Foundation
VFW Motorcycle Club
Veterans of Foreign Wars, Imperial Beach
Zable Foundation

SO CAL INDIVIDUALS & BUSINESS SUPPORT:

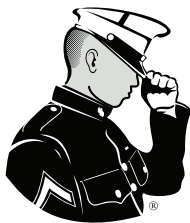
710 Beach Club & Grill
Alegria Media
American Fire Sprinkler Association
Andrews Brothers Electric, Inc.

Arizona Tile
Asmar's Auto Care
Bali Hai Restaurant
Barons Market
Bay Equity Home Loans
Best Value Glass
Bill Howe Plumbing
Burke Real Estate, Rich Kushner
Casa de Reyes
Chuck Ross
Colwell Equipment
Corvus Business Solutions, Inc.
David Roché
Dynalectric San Diego
Ed Hanson's Muffler Service
Edward Morin Living Trust / John Jones
Encinitas Coastal Rotary Club
Goodermote Family Trust
Hauff Sports
Hawthorne CAT
Heatshield Products
J L J Construction
JB Dirtworks
Janecek Family Charitable Fund
Jeff Gray, DDS
Kiwi Club of Los Angeles
L&W Supply
La Mesa Lumber
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Semper Solaris
Severson Trust
Sons of the American Legion #468
Southern California Purchasing Council,
Tammy Hobbs
Stanley Dean Construction
TAZZ Lighting
The Garage Girls
United Brothers Painting



WAYS TO DONATE

THANKS TO OUR DONORS



**WARRIOR FOUNDATION
FREEDOM STATION®**

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www.WarriorFoundation.org



John "JT" Doody, U.S. Marine Corps Lance Corporal and a Purple Heart recipient, has proudly represented our Foundation as our logo.

